

Career Awareness & Motivation Session

Key Speaker- Dr.Sneh Rawat

Participants- Grade 7 and 8 students of Govt. School

Date- 27th September 2025

Report

A career focused discussion with students was facilitated by Dr.Sneh one of the key member of INDIA Foundation. More focus was on motivation of the girls for which life story of Malala and Savitribai was shared by her. The session began with a brief and engaging icebreaker activity. Each student was asked to draw or write about “*What I want to be when I grow up*” on a small sheet of paper.

The participants enthusiastically shared their aspirations, which included professions such as doctors, teachers, engineers, and actors. The facilitator acknowledged their responses and emphasized that there are hundreds of exciting and diverse career opportunities available beyond the traditional ones. This introduction effectively set the tone for the session’s focus on exploration and self-discovery.

The next segment encouraged self-reflection through a short interactive questionnaire. Students were asked questions such as:

- Do you enjoy solving math or science problems?
- Do you like drawing, writing, or speaking?
- Do you enjoy helping others?

Based on their responses, the facilitator linked these preferences to broader career clusters:

- **Thinkers** → Scientists, Engineers, Data Analysts
- **Creators** → Designers, Writers, Architects
- **Helpers** → Teachers, Doctors, Psychologists
- **Leaders** → Entrepreneurs, IAS Officers, Politicians

This activity helped students understand that their interests and strengths can guide their future career choices.

The facilitator introduced a variety of career options using posters and visual aids across different fields:

- **Science & Technology:** Doctor, Engineer, Astronomer, Biotech Expert, Software Developer, AI Specialist
- **Creativity:** Fashion Designer, Journalist, Animator, YouTuber, Architect
- **Service-Oriented:** Lawyer, Teacher, Psychologist, Social Worker
- **Emerging Fields:** Environmental Scientist, Cybersecurity Expert, Space Scientist, Digital Marketer

The next section focused on inspiring students through real-life stories of successful Indian women, including:

- **Kalpana Chawla** – Space Scientist
- **Kiran Bedi** – India’s first woman IPS officer
- **P.V. Sindhu** – Olympic Medalist
- **Falguni Nayar** – Founder of Nykaa

The facilitator led a discussion around the theme “*If they can, why not you?*” reinforcing the message that *no career is exclusive to boys*. The discussion generated enthusiasm and pride among the participants.

A simple career roadmap after Grade 10 was presented:

- **Science Stream:** Medicine, Engineering, Research
- **Commerce Stream:** Business, Banking, Law
- **Arts Stream:** Teaching, Journalism, Civil Services, Design

Information about various scholarships and government schemes for girls—such as CBSE and state-level programs—was also shared. Students were encouraged to explore these opportunities to continue their education and career growth.

In the final activity, students wrote on sticky notes:

- *One career I’d like to explore.*
- *One skill I want to improve.*

These notes were placed on a “**Dream Wall**,” creating a visual representation of their collective aspirations.

The session concluded with an inspiring message:

“Your future is yours to create. Dream big, work hard, and believe in yourself.”

Overall Observation

The session was **highly engaging, age-appropriate, and motivational**. The facilitator maintained an encouraging tone throughout and successfully balanced information with interaction. Students were active, curious, and responsive. The blend of visuals, stories, and activities effectively captured their interest and broadened their awareness about diverse career options and the importance of self-belief.